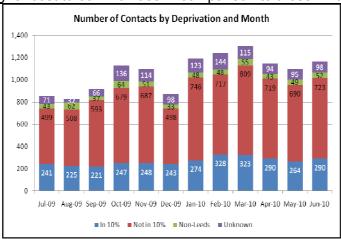
#### Lead Officer - Sarah Sinclair



# Why is this a priority

Evidence shows that having children at a young age can damage young women's health and wellbeing and severely limit their education and career prospects. Long term studies show that children born to teenagers are more likely to experience a range of negative outcomes in later life and are up to 3 times more likely to become teenage parents themselves. Teenage parents are shown to be high users of services compared to other parents and are therefore a significantly higher cost to communities in comparison to those who become parents in later life.



#### Overall progress to date and outcomes achieved - Quarter 1 2010-11

# **Overall Summary**

Our progress against our 2009-10 action plan was positive with a majority of actions completed in line with national best practice recommendations. Conception rates are particularly high in the Inner East and Inner South hotspot localities. As a result our assessment of progress at this stage must be red due to a full year rate for 2007-8 being higher than the rate for 2006-7. However, evidence such as that of service take up (detailed below) suggests that actions over the previous 18 months will show a positive impact on teenage conception rates for 2009. Q1 2009 shows a very modest reduction in rates from 50.8 to 50.5 (rate per 1000 15-17 year old young women).

Our performance is measured against Office of National Statistics (ONS) conception rates for 15 -17 year old young women. New data on under 18 conceptions rates from ONS will be available for Q2 2009 on 24 August 2010 and for the whole of 2009 in February 2011. Local analysis of Leeds births and terminations is not yet sufficiently robust to report at this time, we expect to report this in the next quarterly reporting cycle.

A positive impact is already being seen in Citywise, our primary city-centre based sexual health service for young people. The graph above shows the number of Citywise contacts by month in the twelve month period to June 2010. The data shows total contacts split by user place of residence/deprivation levels. Some key points to take from the chart are:

- The number of people using the service from the most deprived areas of the city is rising. During Q1 an average of 27% of the people using Citywise came from the areas of Leeds with the highest 10% of deprivation. This suggests that the emphasis on locality working and targeted campaigns are being effective in promoting access to services in these areas.
- Generally, the number of people using the Citywise services is steadily rising which we hope will have the impact of reducing future conception rates.

#### **Activity Achievements since the last quarter**

#### Boys' and young men's work

It is an action within the Prevention Action Plan to audit and improve the number and quality of young father targeted and young father friendly services in the city. Our achievement this quarter was to create wide understanding and ownership of the need for young father friendly services through two locality events in Inner

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East and Inner South. The events had high attendance and feedback from attendees was that they were highly valued. Action plans created within workshops will be taken forward as part of the locality work programme. An example is a multi-agency task and finish group to create a resource pack for work with boys and young men for practitioners in East and South Leeds.

#### Reducing repeat conceptions

We have noted high rates of repeat pregnancy after the removal of a baby by Social Care and following miscarriage, neonatal death and abortions. Our achievement has been to commission an audit of the types, rates and outcomes of early loss of a child. Recommendations for action will be presented to the Teenage Pregnancy and Parenthood Partnership Board (TPPPB) Sept 2010.

# Sexual health services

- Integrated sexual health services with better coherence between IYSS, Health and other partners are
  effective in reducing teenage pregnancy in low rate authorities. A Sexual Health Modernisation Team has
  been formed to take forward an integrated sexual health service model for Leeds. A completed service
  specification is due for September.
- 'You're Welcome' is a nationally recognised set of criteria that services in health settings need to meet in order to become 'young people friendly'. CaSH is the first service in Leeds to achieve the 'You're Welcome' accreditation.
- Consultation with young people has been undertaken to improve of local CaSH outreach clinics in priority areas. Action to relocate existing resources will follow the recommendations of the consultation.
- In order to ensure that young people have swift and easy access to high quality sexual health services, a
  multi-agency mystery shopping project has been commissioned and is currently underway in the inner
  east. It is already yielding some interesting results which will in future help us to improve service
  accessibility.

#### Looked After Children (LAC)

- Looked After Children are over-represented in the teenage conception rates and in response to this an updated LAC Action Plan is now in place with common targets/actions linked into the teenage pregnancy prevention work plan.
- Two commissioned services who work with LAC have agreed to a discrete extension of service to 25 years of age for LAC. This will be reviewed in October.

#### Work in school settings

The Healthy Young People's Service (HYPS) model practised in a number Leeds schools offers support and information on health issues such as: bullying, sexual health, pregnancy. A paper has been drafted summarising a number of findings around HYPS and school nursing in order to enable discussion and decision-making on what NHS Leeds is commissioning school nursing to deliver for the HYPS based on the most effective interventions.

# Youth Justice Provision

To help support some of our most vulnerable young people within East Moor Secure Unit we are providing 1-1 support and group based support work. This work will be commissioned using Youth Justice money which is sustainable over the next 2 Years.

#### Work with parents and carers

Leeds has adopted the Speakeasy approach which is a non-threatening group-based opportunity for parents and carers to acquire the confidence and skills they need to talk to their children about sex and sexuality. Following the successful uptake of Speakeasy courses across the city and the positive feedback received from parents, carers and facilitators, two more Speakeasy courses have been planned for September and October in the Inner East and Inner South to meet demand in the localities.

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# Challenges/Risks

#### Senior strategic leadership

Effective cities have leadership and challenge at the very highest level agreeing to be accountable for reducing teenage conceptions. Leeds continues to be at a disadvantage if its senior leaders do not systematically approach joint working to address teenage pregnancy.

# Sexual health services

Leeds has a lower investment in community based health services which young people can access for their sexual health needs than other leading cities and the challenge will be whether we can meet the demand for service use with the likely reduced investment levels in this area.

#### Work in School settings

A review of the HYPS approach has been completed in order to ensure existing services are of sufficient quality and deliver the required outcomes. This will be considered when looking at the further roll out of HYPS.

#### Embedding the teenage pregnancy strategy in other services and strategies

There is a risk that services do not consider teenage pregnancy and parenthood as a priority and therefore there is insufficient progress in addressing the wide range of causative factors.

#### Young people friendly

The challenge is to ensure that services must become 'young people friendly' in order to ensure that young people will access them, particularly those who would not otherwise access mainstream services.

# Work with boys and young men

The risk is that a lack of services for post-school age young fathers will result in them being ill-prepared for parenthood and increasingly likely of becoming NEET.

#### New hotspots

There is a risk that newly identified hotspots are not understood across council and partner services as a priority for action.

#### **Budget Pressure**

A 25% in-year reduction of the Area Based Grant which supports teenage pregnancy has resulted in the risk of a reduction in the overall progress of the work programme. Impacts will be felt through reducing the strategic change resources available and/or the support given to service users.

All the challenges and risks identified above are being considered by the Teenage Pregnancy Board with mitigating actions included in the action plan.

Council / Partnership Groups			
Approved by (Accountable Officer)	Paul Bollom/ Sarah	<u>Date</u>	30.07.10
-	Sinclair		
Approved by (Accountable Director)	Sarah Sinclair in	<u>Date</u>	30.07.10
	Eleanor Brazil's		
	absence		

# **Lead Officer – Sarah Sinclair**

Key	Key actions for the next 6 months										
	Action	Lead Officer	Milestone	Timescale	Date Action Last Reviewed						
1	A leadership review of teenage conception to be undertaken through a summit of senior leaders of the authority, health services, elected members and parliamentary representation.	Paul Bollom	Date originally arranged for summit was August 2010 however this is likely to be put back until we get the confirmed start date of the new Director for Children's Services (DCS)	September 2010	9 August 2010						
2	A benchmarking report to be completed to review the service investment made in sexual health services targeting young people in Leeds against high performing cities.	Vicky Womack	Benchmark information reported to TPPPB (June 2010)	September 2010 (Revised from July 2010)	July 2010						
3	A review of the HYPS program to be undertaken to provide recommendations on swift and easy access to sexual health services in all priority schools.	Vicky Womack	<ul> <li>Report writing group formed (April 2010)</li> <li>Report presented to TPPPB (June 2010)</li> </ul>	September 2010 (report completed but will be presented to later TPPPB meeting)	9 August 2010						
4	Youth work commissioning and family support commissioning outlined in the children's services improvement plan will include TP actions and outcomes in their specification	Paul Bollom	<ul> <li>Youth work commissioner employed – completed.</li> <li>Family support and youth work commissioning specifications are agreed by universal commissioning group (September 2010)</li> </ul>	October 2010	9 August 2010						
5	Plan for all CaSH, Genitourinary Medicine (GUM) and the Termination of Pregnancy (TOP) providers will be 'You're Welcome' accredited – the scheme to accredit health services as young people friendly. Target set for GP practices in high rate localities	Vicky Womack	<ul> <li>Report plan for all sexual health service providers to be accredited by end of year. (July 2010) – completed.</li> <li>Report on number of new accreditation submissions and success to be provided to TPPB. (July 2010) – completed.</li> <li>A target set for GP practices in high rate areas to complete 'You're Welcome' accreditation. (July 2010) – milestone revised Sept 2010. Expressions of interest received from four GP practices in You're Welcome accreditation by July 2010.</li> </ul>	November 2011	9 August 2010						

# Lead Officer - Sarah Sinclair

Key actions for the next 6 months								
	Action	Lead Officer	M	ilestone	Timescale	Date Action Last Reviewed		
6	To report on the availability and effectiveness of services for young fathers and use to inform the family support and parenting commissioning activity for March 2011	Jenny Midwinter	•	Report commissioned from external provider by March 2010 - completed Interim findings to be provided to TPPPB, June 2010. Milestone revised final report to be presented to TPPPB October 2010 Family Support and Parenting Commissioning Plan to reflect outcomes of report in addressing needs of young fathers. (September 2010) – revised to October 2010	October 2010	9 August 2010		
7	Develop action plan for identified hot pockets in West Leeds (noted in previous action tracker – locality work already underway to address hotspots in Inner East and Inner South Leeds)	Paul Bollom	•	To place paper before Inner West area committee on local hotspot rates and suggested actions.	March 2010 (Revised to September 2010)	9 August 2010		
8	To review all expenditure across partners of TP related services and make recommendations to improve efficiency and effectiveness and look for opportunities to combine program with other appropriate expenditure.	Paul Bollom	•	Recommendations to make savings to be shared with deputy director of commissioning and TPPPB	September 2010	New Action		

Performance Indicators										
Performance	Performance indicators aligned to the Improvement Priority									
Reference	Title	Owner	Frequency &	Rise	Baseline	2009/10	2010/11	Q1	Predicted	Data
			Measure	or Fall		Result	Target	2010/11	Year End	Quality
								result	Result	
NI 112	Under 18 conception	PCT	Annual	Fall	50.4	50.6	TBD	The 2009 figures are released in February		No
	rate per 1000 girls					conceptions				Concerns
	ages 15-17					per 1000		2011		
						(691)				
						(2008)				